

To whom it may concern,

Thank you for taking the time to read my message and I hope that you are all doing well in these unprecedented times.

My name is Sophie and I am a medical student at Monash University. I'm reaching out on behalf of a student-led volunteer initiative, Conversation In Isolation. We are a group of university students who are hoping to use our time during this state-wide lockdown to support those in our community who are at risk of loneliness through regular telephone calls. This will all be free-of-charge of course.

We have recruited over 100 volunteers across Melbourne and the list is growing!

Our volunteers are mostly Monash medical students with valid Working With Children Checks and Fit2Work Police Checks and have undergone phone training for their role. Our small management team (including myself) will match up each community member to a student who will be their ongoing telephone supporter.

We strongly believe that Conversation in Isolation would benefit members of your community. Our volunteers are diverse in language, cultural background and religious beliefs, and many of them have expressed that they are happy to converse in a language other than English with members of the community. Currently, we have students capable of fluently conversing in languages such as Mandarin, Cantonese, Sinhalese, Burmese, Vietnamese, Greek, Hindi, Punjabi, French, Thai, Afrikaans, Hebrew, Gujarati, German, Spanish, Tamil, Malayalam, and the list goes on!

Advertising this opportunity to our fellow students is not a problem, but we are seeking your help to raise awareness amongst the multicultural community! We would greatly appreciate it if you could share our details with members of your community, allowing those who are interested to get in contact with us.

Community members can reach us by:

Website: <https://conversationinisolacion.blogspot.com/>

Google form to sign up: tiny.cc/convoainiso

Email: conversationinisolacion@gmail.com

Facebook page: [Conversation In Isolation](#)

Phone: 0492 837 888

Going forward, I would love to be your primary point of contact (using this email address) for any questions, or anything at all!

Thank you again and I look forward to hearing from you soon.

Best regards,
Sophie He



Sophie He
Medical student volunteer
Conversation in Isolation

0492 837 888 | conversationinisolacion@gmail.com

CONVERSATION IN ISOLATION

Conversation in isolation is a student run initiative aimed at providing those currently self-isolating with regular, over the phone conversations with a medical student volunteer.

BENEFITS OF SOCIAL INTERACTION



Improved mental health
and reduced depression
rates



Increased sense of
belonging



Increased self esteem

SIGN UP HERE

<http://tiny.cc/convoiniso>

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